

There is a link



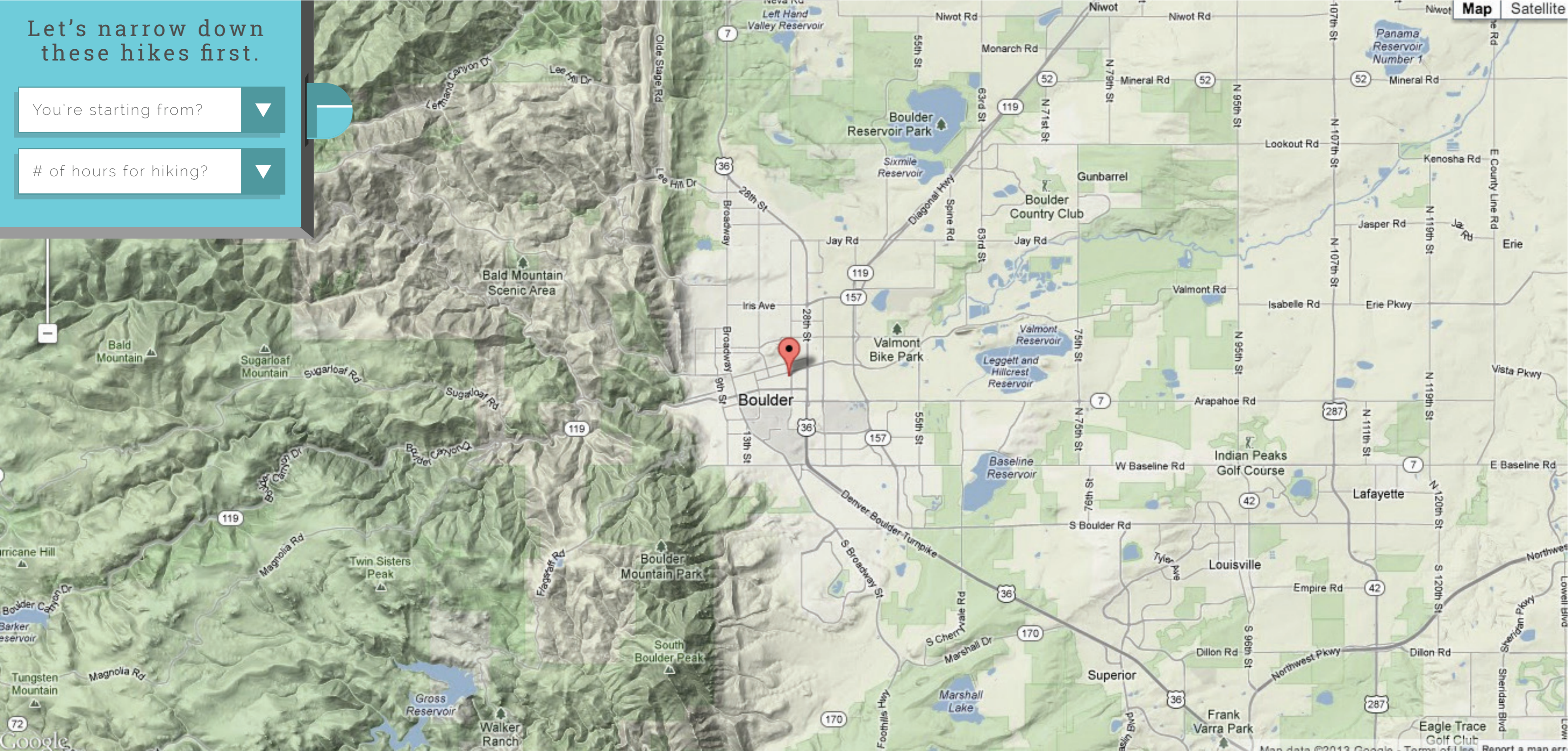
Welcome to Get Out.

GO is an application crafted to help you enjoy Colorado's sunshine.

Let's narrow down these hikes first.

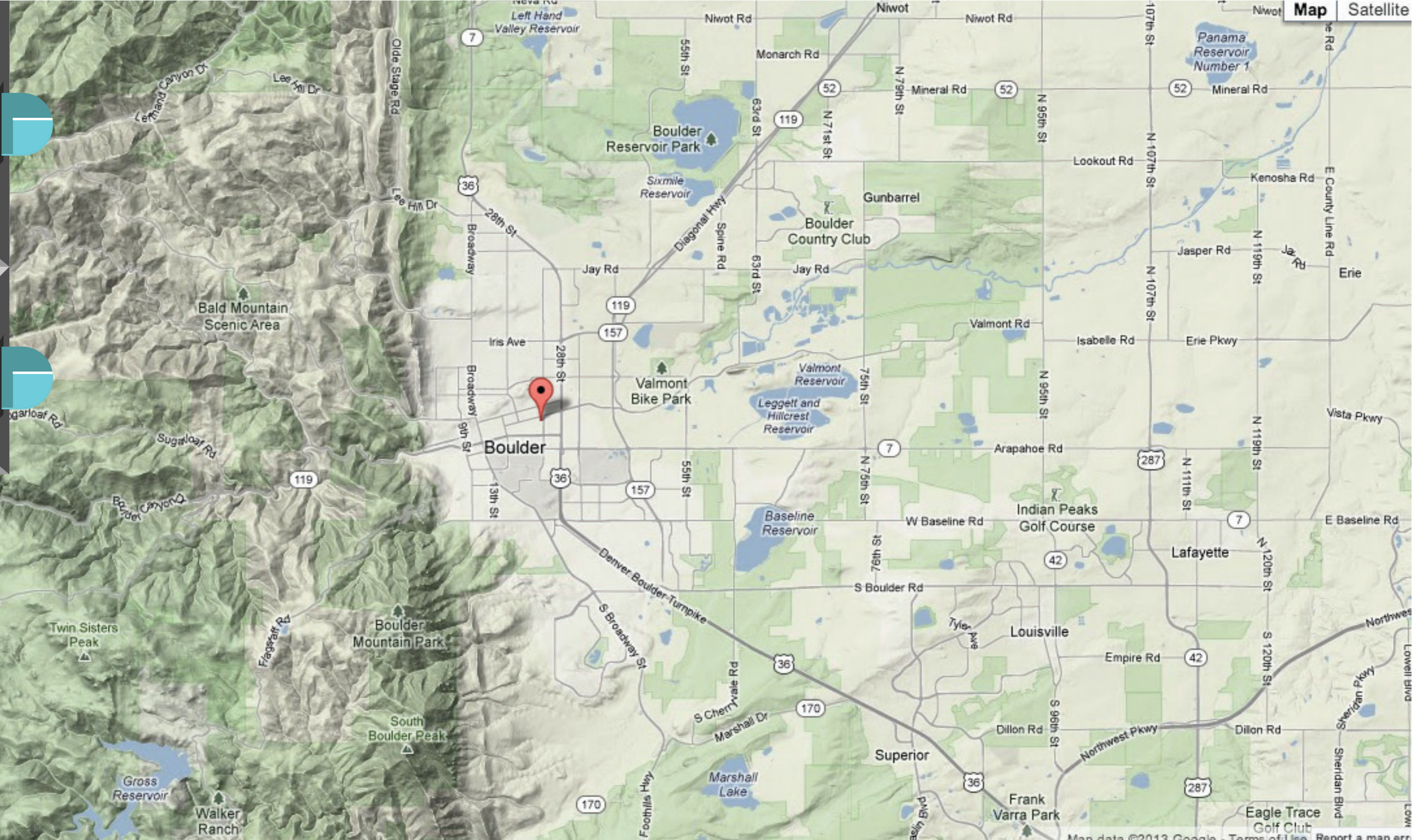
You're starting from? ▼

of hours for hiking? ▼



Let's narrow down these hikes first.

When's your adventure?

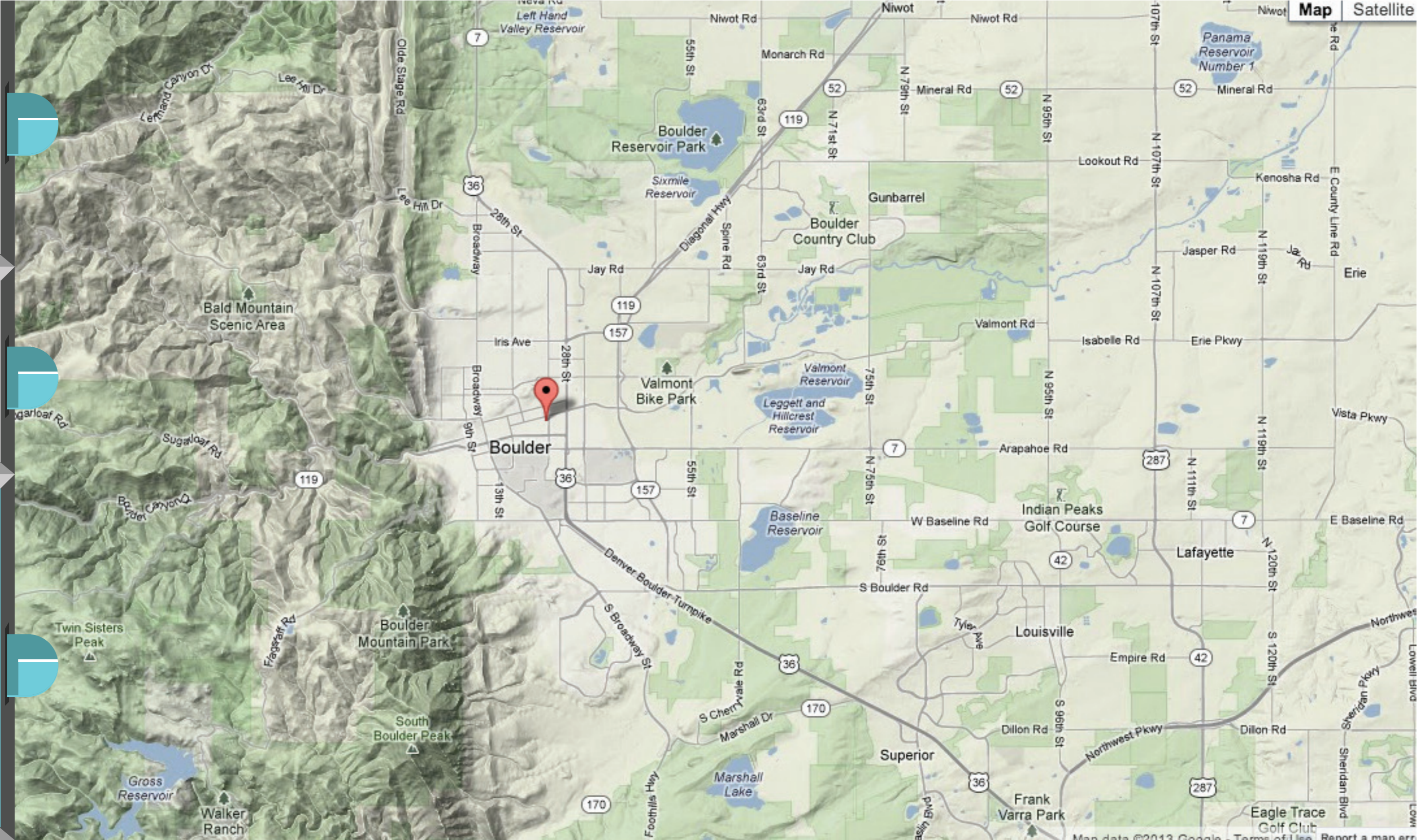


Let's narrow down these hikes first.

When's your adventure?

Weatherman
Weatherman

High of -- **79**
Precip -- **30%**
Humid -- **39%**
Wind -- **6 mph**



Let's narrow down these hikes first.

Boulder

4

When's your adventure?

Today

Weatherman
Weatherman

High of -- **79**

Precip -- **30%**

Humid -- **39%**

Wind -- **6 mph**

Nope. That's my day.

Alright. Time and date set.

Now we present you with what we think would be two ideal hikes for you.

Your hike data so far

Leaving Boulder with a 4 hour time limit Today,

[Edit this information](#)

Hike 1 Bear Peak

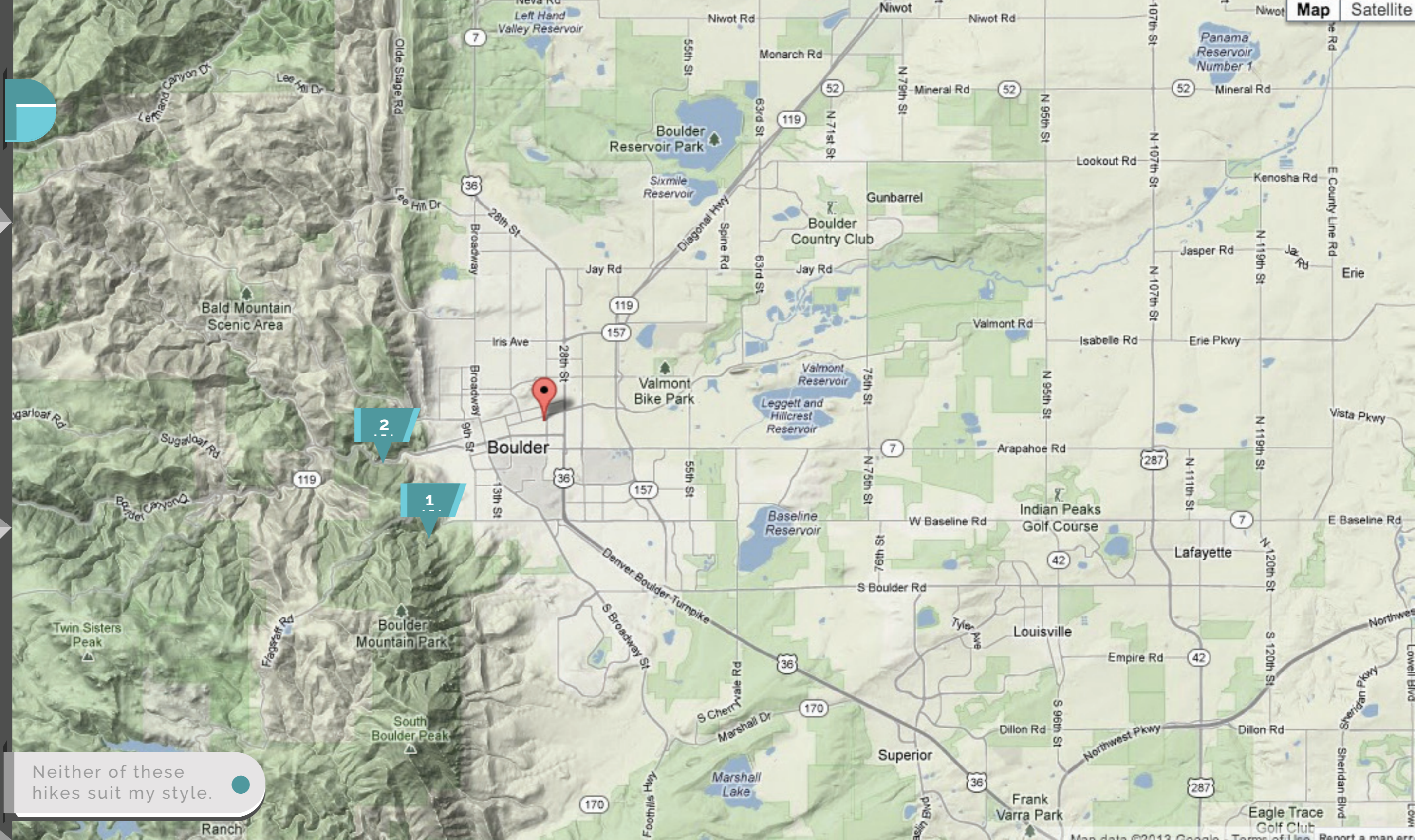
Difficulty **Moderate**
Distance **6 Miles - 7 Miles**
Elevation Gain **3100 ft**
Estimated Time **3.5 hours**

[Pick this Hike](#)

Hike 2 Royal Arch

Difficulty **Mid-Moderate**
Distance **3.2 Miles**
Elevation Gain **1205 ft**
Estimated Time **2 hours**

[Pick this Hike](#)



Neither of these hikes suit my style.

Your hike data so far

Leaving Boulder with a 4 hour time limit Today,

[Edit this information](#)



Royal Arch

Difficulty **Mid-Moderate**
Distance **3.2 Miles**
Elevation Gain **1205 ft**
Estimated Time **2 hours**

This is the hike for me!

Royal Arch is perched high along a rugged fold in the Boulder Flatirons. These rocks are remnants of the Fountain Formation, a mineral-rich sand eroded from the ancestral Rocky Mountain uplift 300 million years ago. Sediments deposited by the ebb and flow of inland oceans compressed this layer into sandstone, thrust upward 45 million years ago by the same tectonic forces that created our modern Rocky Mountains.

Nevermind

Good Choice

Royal Arch

At **2 hours** long, here's some considerations for packing.

Water

You're going to need about **28 - 56 oz** of water per person.

It's **a high of 79**, so lean toward more. In Nalgene's, that's:

 to  per person

Food

At an average pace you can expect to burn **915 calories** so pack accordingly.

An egg - **75** calories

A banana - **95** calories

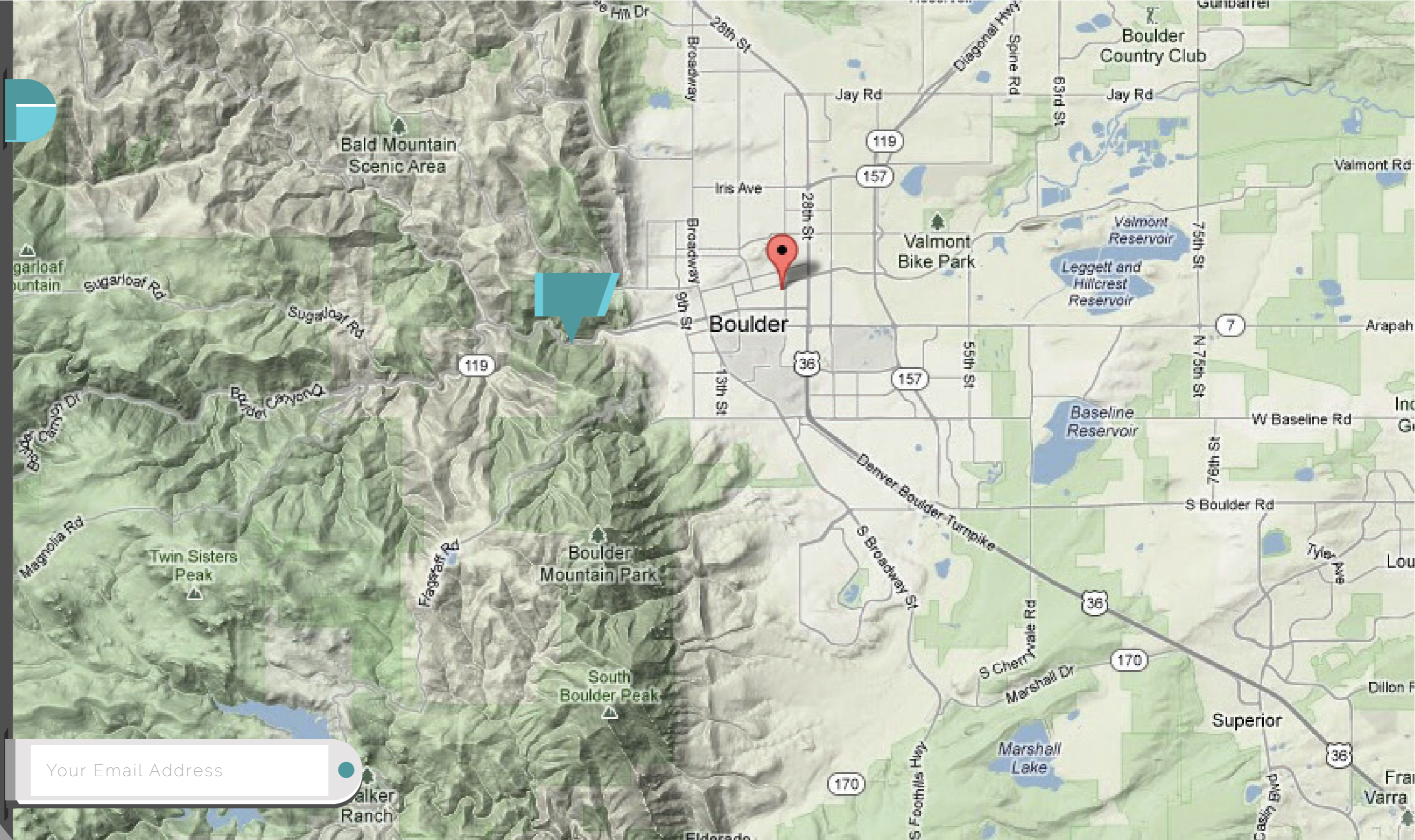
Handful of gorp - **150** calories

ClifBar - **240** calories

An avocado - **250** calories

Try to **avoid stuff that's high in fat or protein**. Takes your body too long to break it down for that sort of thing to be of any good on a hike.

[Email me this, and directions](#)



Here is a link



An email is on its way.

Go get that sun (or that rain, snow, etc).
Hope you enjoy the hike; we'll check in after.